

Stacked Series

# SUPER SQUAT

FL1806



The FL1806 Super Squat is perfect for body building, conditioning, and rehab exercises. Features a protection hook to help assist with beginning and ending each set, squat safely without the need for a spotter. Contoured shoulder pad, backrest pad, rubber foot pad for superior comfort. The four easily accessible weight horns provide quick changes between reps, for more effective and powerful workouts.

The Plate-Loaded Super Squat is designed to have a natural squatting motion, while reducing back and knee strain through a curved arc of motion. It also employs a standard counterbalance for lower starting resistance.

The Super Squat is an exercise machine exercise that primarily targets the quads and to a lesser degree also targets the glutes and hamstrings.



**Dimensions**  
80" x 54" x 50"

**Weight**  
357lb

**BODYKORE INC**



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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



## Angled Pads

Allows for 3 Different Squat Positions



## Multiple Durable Urethane Composite Hand Grip Positions

To hold during use



## Large Footplate

For isolating different leg and glute muscles

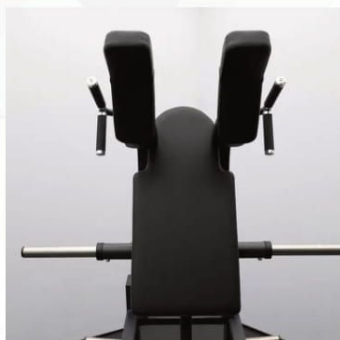


## Prestart Locking Mechanism

allows user to start at the top of the exercise with a simple push on the plate



## 11 Gauge Steel Construction



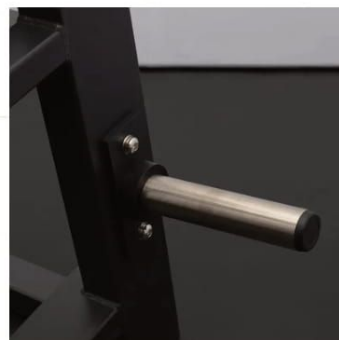
## Contoured Cushions

Utilize a molded foam for superior comfort and durability



## 3 Safety Locking Points

Allowing users of any height to start at their desired position



## 2 Weight Loading Pegs and 2 Plate Storing Pegs

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