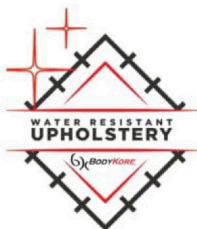


Stacked Series

# SISSY SQUAT

G213

The G213 Sissy Squat Machine is designed for commercial use with its heavy-duty design. This old-school leg training device will develop tear-drop shaped quads with challenging squat workouts. The sissy squat is a quadricep targeting exercise that focuses on leaning backwards and bending from the knee to achieve the bottom of the position, rather than hinging from the hips and sitting down like in a traditional squat. This machine is commercial grade and rated to hold over 1000lbs.



**Dimensions**  
42" x 24" x 17"

**Weight**  
47lbs

**Frame Color:**  
Black

**BODYKORE INC**



7466 Orangetwood Ave.  
Garden Grove, CA 92841  
USA

**T:** 949-325-3088  
**E:** sales@bodykore.com  
**W:** BodyKore.com

Stacked Series

# ADJUSTABLE HACK SQUAT

G213

## Warranty

### STRENGTH WARRANTY (NORTH AMERICA ONLY)

FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



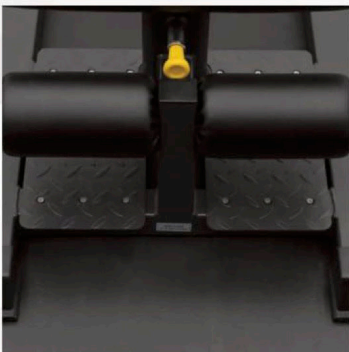
### 11 Gauge Steel Construction

Ensures maximum structural integrity, adhesion and durability.



### 3 Position Adjustable

Heavily padded adjustable calf pad



### Foam Rollers

Fix your legs firmly and keeps you in safe condition during the workout



### Non-Slip Footplates

Keep the machine stable and ensuring your safety when in use.