

# SEATED ROW BENCH

G214

BodyKore's row bench is a quality fitness equipment bench designed for strengthening the upper body using dumbbells or barbells and performing the row movement. Sturdy steel construction with a quality finish is sprayed by electrostatic powder coating that protects the construction from scratches. This free weight bench features quality high cushioning of the seat and chest-rest, allowing users to perform other free weight workouts that include rear delts, isolated bicep curls, and more.

Thick Vinyl Double  
Stitched Upholstery

Oval 11-Gauge  
Steel Black  
Coated Frame

8 Position Seat  
Adjustment

Rubber End Caps



**Dimensions**  
28" x 48" x 37"

**Weight**  
70lbs

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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



**Thick Vinyl Double  
Stitched Upholstery**  
Built for durability



**Oval 11-Gauge Steel  
Black Coated Frame**



**8 Position Seat  
Adjustment**



**Rubber End Caps**  
To protect flooring