

# LEG EXTENSION/LEG PRONE

GR643



Our BodyKore Isolation Series – Selectorized GR643 Leg Extension/Leg Prone machine is a gym essential that is vital for lower body exercises. The interchangeable combo unit allows the user to switch from a Leg Extension to a Lying Prone Leg Curl movement. A variety of exercises can be done by this dual function feature. A range of muscles can be strengthened from the quadricep muscles to the hamstrings. These versatile movements of the Selectorized Leg Extension/Leg Prone machine make it adaptable to many workouts.

Each exercise can be performed effectively by the machine's smooth motions and adjustment system. The design of this piece makes it easy to adjust and incorporate the 220lb weight stacks in a variety of workout movements. This machine lets you switch weight sizes and exercises in between sets with swiftness. The Leg Extension has a 4-position seat adjustment system allows this machine to be very comfortable and a perfect fit for all users of any size and both the Leg extension and prone has 4 adjustment lengths for the leg pad so users of all sizes can use this machine.



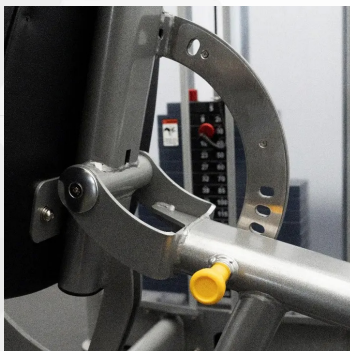
**Dimensions**  
68" x 50" x 65"

**Weight**  
545lb

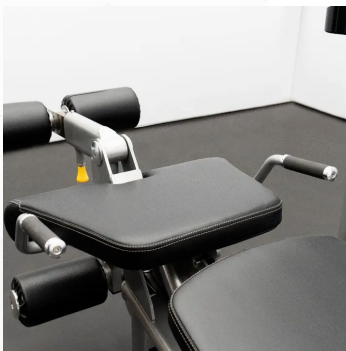
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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
LABOR	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



**Angled Pads and Ideal Pivot Location**  
Promote full muscle contraction and alignment



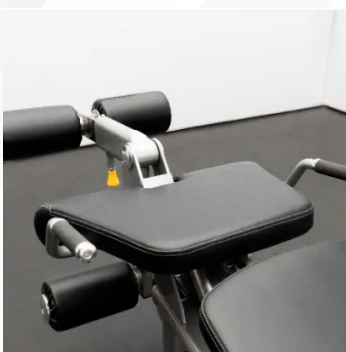
**Back Pad**  
Adjusts to lying down position while seat pad tilts upward for a comfortable lying position



**Multiple Starting Positions**



**Adjustable Leg Roller**



**Side and Front Handles for stability**



**Cup/Phone/Key Holder**