

GARAGE GYM PACKAGE



G256 Squat Rack Power Cage

Dimensions 67" x 65" x 90" Weight

357lbs

G206 Commercial Multi-Adjustable Bench

> **Dimensions** 23" x 54" x 49" Weight 106lb

G206 Commercial Multi-Adjustable Bench

> **Dimensions** 50" x 21" x 36" Weight 95lbs









The Garage Gym Package is a great addition to your Garage or Basement Gym set up. This package comes with a full garage gym setup, offering options for strength training and free weight workouts. It measures 150 square feet and can easily fit in a one car port or half of a two-car garage. Equipment included in this package is a G256 signature series squat cage, G206 multi-adjustable bench, 300lb rubber Olympic weight set, and a 5lb through 50lb rubber hex dumbbell set with a G241 3 tier rack. Our Garage Gym Package is designed to convert a single-car garage or half of a two-car garage into a personal home gym. With the G256 Squat Cage, you'll have the option to do pull-ups, deadlifts, benching, and a multitude of other strength training exercises. The bench and dumbbell set offers the

option of isolated free-weight exercises, giving you an abundance of exercise variations. The Garage Gym Package is perfect for anyone looking to ramp up their fitness game while remaining economical about space in their residence.

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SQUAT RACK POWER CAGE

G256



Multi-Grip Pullup Bars



3" x 3" 11 Gauge Steel Mainframe



Multi-Use J Hooks
J Hooks can go on both
sides of the rack.



8 Olympic Plate Storage Pegs Store a plethora of Olympic plates with these plate holder bars attached to the rack



Safety Spotter Arms Eliminate the need for a spotter with these safety arms.



Removable Dip Bar Attachment
This easily removable dip bar
attachment allows you to do dips
and other bodyweight exercises
with the rack.

300LB RUBBER OLYMPIC WEIGHT SET



Olympic Bar w/ 255lb Rubber Grip Plates



Total of 6 Pairs of Grip Plates (2.5, 5, 10, 25, 35, 45 lbs.)



Each Weight Plates Are Finished in a Rust Resistant Jet-Black Coating

WARRANTY				
STRENGTH WARRANTY (NORTH AMERICA ONLY)		STRENGTH WARRANTY (NORTH AMERICA ONLY)		
FRAME (NOT COATINGS)**	LIFETIME	OTHER ITEMS NOT SPECIFIED	3 YEARS	
WEIGHT STACKS	10 YEARS	LABOR	3 YEARS	
PULLEYS	10 YEARS	UPHOLSTERY / CABLES / SPRINGS / C	RIPS 1 YEAR	
PIVOT BEARINGS	10 YEARS	ACCESSORIES	6 MONTHS	



COMMERICAL MULTI-ADJUSTABLE BENCH

G206



Durable UpholsteryThick vinyl double stitched upholstery.



Wide Padding
Wide padding for extra
comfort.



6 Adjustment Angles



Easy MovingBench has a handle for easy moving.



Ergonomic Seat
Seat and back pad made for comfort



Wheels for Easy Moving Commercial wheels made for easy moving.

5-50LB RUBBER HEX DUMBBELL SET W/ RACK



G241 Rack Included



Coated with Tough and Durable Rubber Compound Material To increase durability, protect flooring, make sanitation

easy, diminish noise, enhance appearance, and prevent rust.



Hexagon-Shaped, No-Roll Heads for Easy Storage and Stability when Performing Floor Workouts



Knurled Ergonomic Stainless Steel Contoured Handles

Allow for a secure grip



Total of 10 Pairs of Dumbbells (5, 10, 15, 20, 25, 30, 35, 40, 45, 50 lbs.)

WARRANTY					
STRENGTH WARRANTY (NORTH AMERICA ONLY)		STRENGTH WARRANTY (NORTH AMERICA ONLY)			
FRAME (NOT COATINGS)**	LIFETIME	OTHER ITEMS NOT SPECIFIED	3 YEARS		
WEIGHT STACKS	10 YEARS	LABOR	3 YEARS		
PULLEYS	10 YEARS	UPHOLSTERY / CABLES / SPRINGS / G	RIPS 1 YEAR		
PIVOT BEARINGS	10 YEARS	ACCESSORIES	6 MONTHS		