

# HOME GYM PACKAGE

G-GYM-4



**G256 Squat Rack Power Cage**

**Dimensions**  
67" x 65" x 90"  
**Weight**  
357lbs

**G206 Commercial Multi-Adjustable Bench**

**Dimensions**  
23" x 54" x 49"  
**Weight**  
106lb

**5-50lb Rubber Hex Dumbbell Set w/ Rack**

**Dimensions**  
51" x 21" x 36"  
**Weight**  
95lbs

**MX1161 Dual Adjustable Pulley System**

**Dimensions**  
70" x 48" x 89"  
**Weight**  
403lb

# HOME GYM PACKAGE

G-GYM-4



The BodyKore Home Gym Package is a more complex package fit for anyone looking to build a comprehensive home gym space. Our package provides an all-in-one turnkey system, creating the ultimate home gym experience. This setup only requires 15 by 13 feet of space, or 200 square feet, allowing you to truly utilize your gym space. Our package gives you the freedom to complete free weight exercises in addition to strength training and conditioning. This home gym package includes a G256 squat rack power cage, MX1161 dual adjustable pulley system, G206 multi-adjustable bench, 300lb rubber Olympic weight set, and a 5lb through 50lb rubber hex dumbbell set with rack.

Our Home Gym Package is designed for customers who have enough room to convert a full garage or room into a personalized home gym. This package includes all of the strength equipment from the Garage Gym Package, with the integral addition of the MX1161 Dual Adjustable Pulley System (aka the Functional Trainer). The squat rack and bench are ideal for free weight exercises, while the features on the Functional Trainer are great for resistance training and toning your muscles. With two full-sized machines, you can have an invigorating workout without needing to switch attachments between reps.

## SQUAT RACK POWER CAGE

G256



**Multi-Grip Pullup Bars**



**3" x 3" 11 Gauge Steel Mainframe**



**Multi-Use J Hooks**

J Hooks can go on both sides of the rack.



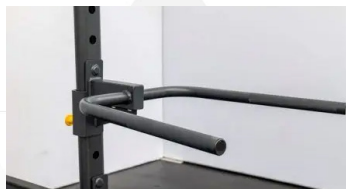
**8 Olympic Plate Storage Pegs**

Store a plethora of Olympic plates with these plate holder bars attached to the rack



**Safety Spotter Arms**

Eliminate the need for a spotter with these safety arms.



**Removable Dip Bar Attachment**

This easily removable dip bar attachment allows you to do dips and other bodyweight exercises with the rack.

### WARRANTY

#### STRENGTH WARRANTY (NORTH AMERICA ONLY)

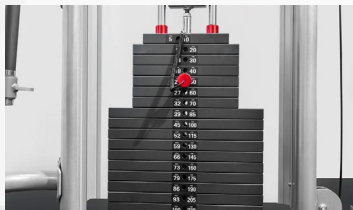
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS

#### STRENGTH WARRANTY (NORTH AMERICA ONLY)

OTHER ITEMS NOT SPECIFIED	3 YEARS
LABOR	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS

# BODYKORE DUAL ADJUSTABLE PULLEY SYSTEM

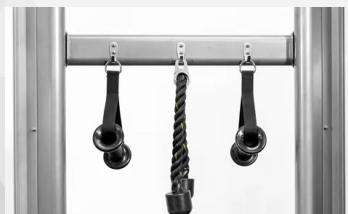
MX1161



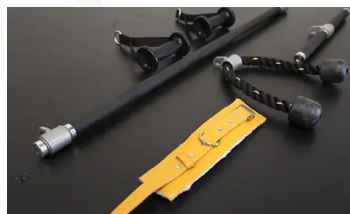
**Dual Adjustable Pulley System - 2x 220LB Weight Stacks**



**Multi-Grip Pull-Up Bars**



**Accessories Storage**



**Cable Attachments Included**  
Handles, Rope, Dual Bar, Tricep Bar, Ankle Attachment



**Frame Made with 3.5" Oval Rolled Steel Tubing**  
Rated over 1000lbs



**Solid Guide Rails**  
For smooth consistent movement

# 300LB RUBBER OLYMPIC WEIGHT SET



**Olympic Bar w/ 255lb Rubber Grip Plates**



**Total of 6 Pairs of Grip Plates (2.5, 5, 10, 25, 35, 45 lbs.)**



**Each Weight Plates Are Finished in a Rust Resistant Jet-Black Coating**

## WARRANTY

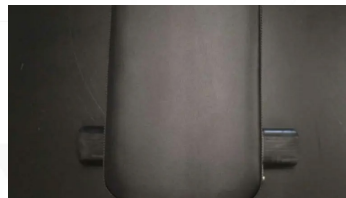
STRENGTH WARRANTY (NORTH AMERICA ONLY)		STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME	OTHER ITEMS NOT SPECIFIED	3 YEARS
WEIGHT STACKS	10 YEARS	LABOR	3 YEARS
PULLEYS	10 YEARS	UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
PIVOT BEARINGS	10 YEARS	ACCESSORIES	6 MONTHS

# COMMERICAL MULTI-ADJUSTABLE BENCH

G206



**Durable Upholstery**  
Thick vinyl double stitched upholstery.



**Wide Padding**  
Wide padding for extra comfort.



**6 Adjustment Angles**



**Easy Moving**  
Bench has a handle for easy moving.



**Ergonomic Seat**  
Seat and back pad made for comfort



**Wheels for Easy Moving**  
Commercial wheels made for easy moving.

# 5-50LB RUBBER HEX DUMBBELL SET W/ RACK



**G241 Rack Included**



**Coated with Tough and Durable Rubber Compound Material**  
To increase durability, protect flooring, make sanitation easy, diminish noise, enhance appearance, and prevent rust.



**Hexagon-Shaped, No-Roll Heads for Easy Storage and Stability when Performing Floor Workouts**



**Knurled Ergonomic Stainless Steel Contoured Handles**  
Allow for a secure grip



**Total of 10 Pairs of Dumbbells (5, 10, 15, 20, 25, 30, 35, 40, 45, 50 lbs.)**

## WARRANTY

### STRENGTH WARRANTY (NORTH AMERICA ONLY)

FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS

### STRENGTH WARRANTY (NORTH AMERICA ONLY)

OTHER ITEMS NOT SPECIFIED	3 YEARS
LABOR	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS