

# WEIGHT ROOM PACKAGE

WEIGHT-RM-PGK

The Weight Room Package completes your at home weight room with a full set of free weight equipment. The package includes many diverse products such as a G256 commercial squat rack, G206 multi adjustable bench, and a full set of Olympic plates with a bar. This package is great for storage and offers an essential turnkey system so it can be set up wherever is most convenient, such as your bedroom, garage, or a covered outdoor space. An abundance of exercises can be done targeting the upper to lower body with this versatile equipment. With this setup, you are able to complete body exercises and standard weightlifting essentials such as squats, deadlifts, and bench presses. Our weight room package setup is about 8 by 8 feet.

300lb Rubber Olympic Weight Set

G256 Squat Rack Power Cage

G206 Commercial Multi-Adjustable Bench



G256 Squat Rack Power Cage

**Dimensions**

67" x 65" x 90"

**Weight**

357lbs

G206 Commercial Multi-Adjustable Bench

**Dimensions**

23" x 54" x 49"

**Weight**

106lb

## SQUAT RACK POWER CAGE

G256



**Multi-Grip Pullup Bars**

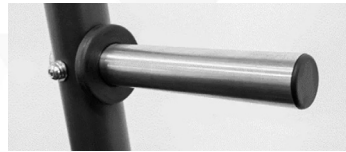


**3" x 3" 11 Gauge Steel Mainframe**



**Multi-Use J Hooks**

J Hooks can go on both sides of the rack.



**8 Olympic Plate Storage Pegs**

Store a plethora of Olympic plates with these plate holder bars attached to the rack



**Safety Spotter Arms**

Eliminate the need for a spotter with these safety arms.

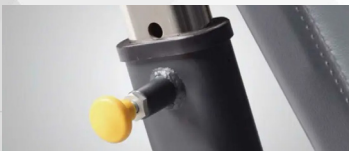


**Removable Dip Bar Attachment**

This easily removable dip bar attachment allows you to do dips and other bodyweight exercises with the rack.

## COMMERICAL MULTI-ADJUSTABLE BENCH

G206



**6 Adjustment Angles**



**Easy Moving**

Bench has a handle for easy moving.



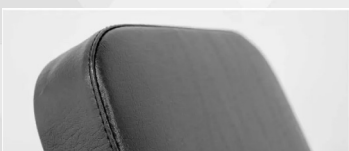
**Ergonomic Seat**

Seat and back pad made for comfort



**Wheels for Easy Moving**

Commercial wheels made for easy moving.



**Durable Upholstery**

Thick vinyl double stitched upholstery.



**Wide Padding**

Wide padding for extra comfort.

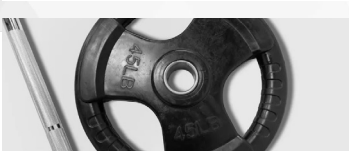
## 300LB RUBBER OLYMPIC WEIGHT SET



**Olympic Bar w/ 255lb Rubber Grip Plates**



**Total of 6 Pairs of Grip Plates (2.5, 5, 10, 25, 35, 45 lbs.)**



**Each Weight Plates Are Finished in a Rust Resistant Jet-Black Coating**

### WARRANTY

#### STRENGTH WARRANTY (NORTH AMERICA ONLY)

FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS

#### STRENGTH WARRANTY (NORTH AMERICA ONLY)

OTHER ITEMS NOT SPECIFIED	3 YEARS
LABOR	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS