

Stacked Series

## PLATE LOADED ROW

GR802



The BodyKore Stacked Series Seated Row is designed to tone and strengthen your upper body, which is essential for everyday movements, including pulling. Increasing your upper body strength improves posture, protects your shoulders, and reduces your risk of injury.

This Plate Loaded Seated Row features independent movement arms, diverging pulling angles and regressive strength curves to reduce force at the bottom part of the movement and allow for a full range of motion. The large footplate and chest pad support increased stabilization for greater muscle concentration. Multiple grip positions provide greater variety and fit options. This machine is designed with high-density cushions for safety and comfort and the frame is made of 11-gauge steel that will last through your toughest workout.







**Dimensions** 

53" x 53" x 50"

Weight 342lb



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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS





11-Gauge Steel **Construction Frame** 



**Footplate and Chest** Support



**Independent Movement Arms and Proper Angles** 



**Durable Urethane Multi-Grip Handles** 



**Adjustable Seat** 



**Nickel-Plated Weight Plate Storage and Loading Bars** 



