

Stacked Series

## PLATE LOADED SHOULDER PRESS

GR803



The GR803 Shoulder Press Plate Loaded Series combines quality and value in a simple, easy-to-use strength line designed to accommodate users of any fitness or experience level and deliver measurable and targeted results. By combining key ergonomic factors, such as independent movement arms, diverging/converging motion paths, and adjustable seat positions, this shoulder press machine is able to provide a functional unit that is not only built to last, but built to meet the workout needs of its users.

The GR803 Shoulder Press is a commercial plate loaded strength machine for upper body training featuring overhead press arms with independent movement and natural path of motion designed for performing seated military shoulder presses for strengthening the muscles of arms, shoulders,

and shoulder blades. Oversized handles make pressing exercises more comfortable by spreading the load over a larger area of the user's hands. This machine features either a pronated grip (arms to side of shoulders with palms facing away from face) or neutral grip (close grip with palms facing each other). The easy seat adjustment means a broad range of user heights can be accommodated. The welded heavy-duty steel frame with quality electrostatic powder coating ensures the finish is resistant to scratches and dings for a long-term beautiful finish. Heavy-duty vinyl cushions are comfortable durable and handles are provided with high-quality foam material. Rubber non-skid feet cover base frame supports to avoid sliding of machine or scratching of floors, ensuring greater stability during exercise.







**Dimensions** 

55" x 59" x 58"

Weight 331lb



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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS





11-Gauge Steel Frame Has 2" x 4" oval tubing



**Coat Finish** Ensure maximum adhesion and durability

**Electrostatic Powder** 



**Industrial Rated Bearings** and Sealed Bearings



**Double Stitched** Upholstery Marine-Grade



**Upright Seatback** Aids in ptroper posture



**Ergonomic Hand Grip Positions** Made from durable urethane composite



**Nickel-Plated Weight Plate Storage and Loading Bars** 





